**Anti - Bullying Policy**

**Policy Statement:**

I do not permit any form of bullying in my home. Bullying can be defined as:

* Physical including hitting, pushing, biting
* Verbal including name calling, sarcasm, teasing
* Emotional
* Racist or discriminatory behaviour
* Cyber/Internet bullying
* Fighting
* Threatening behaviour
* Exclusion

If I have any concerns that your child is being bullied at nursery, school or bullying another child, I will discuss this with you immediately. I will work alongside you to support your child in resolving the problem.

**Procedure:**

If your child is being bullied, I will:

* Listen carefully and ensure that the child knows that I am taking him/her seriously
* Tell them that I care about them and will do everything I can to help sort things out
* Reassure them that they are not to blame
* Help them to feel valued whilst in my care by giving them responsibilities to help me
* Give lots of praise and encouragement at all times

If your child is bullying, I will:

* Reassure them that I still care about them and that it is the behaviour I don’t like and will do everything in my power to help him/her change their behaviour.
* Develop a reward system to promote good behaviour
* Discuss the matter with you but not in front of the child. We will endeavour to find out what, if anything has triggered the bullying behaviour.

If you have any concerns about your child or the behaviour of any other children in my care please discuss these concerns with me (but not in front of the children.)